

# LEHI LEGACY CENTER ADULT SWIM CLASS WINTER 2013

The Legacy Center is now offering an adult swim class. This class covers the fundamentals of swimming while focusing on technique and fine tuning to make swimming more enjoyable. This class will also address the early beginnings of stroke skills. Register at the Legacy Center registration office or on-line at www.lehi-ut.gov.



### **Swim Lesson Dates**

#### **January**

Class 1: 7, 9, 11, 15, 17 Class 2: 8, 10, 14, 16, 18

#### **February**

Class 1: 4, 6, 8, 12, 14 Class 2: 5, 7, 11, 13, 15

#### March

Class 1: 4, 6, 8, 12, 14 Class 2: 5, 7, 11, 13, 15

#### April

Class 1: 8, 10, 12, 16, 18 Class 2: 9, 11, 15, 17, 19

#### May

Class 1: 6, 7, 8, 9, 10 9pm-10pm

Registration for ALL Winter classes begins December 3 (Online begins December 1)

## **\*QUICK FACTS**

What ...... Adult Swim Class

Where ...... Lehi Legacy Aquatic Center

Dates.....Listed Above

Days.....Listed Above

Age ...... 18yrs and Up Time ...... 9pm – 10pm

### REGISTRATION

Registration office Monday-Friday from 8am-6pm OR on-line @ www.lehi-ut.gov

## **INFORMATION**

For more information the Legacy Center 801-768-7124



www.lehi-ut.gov/legacycenter

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